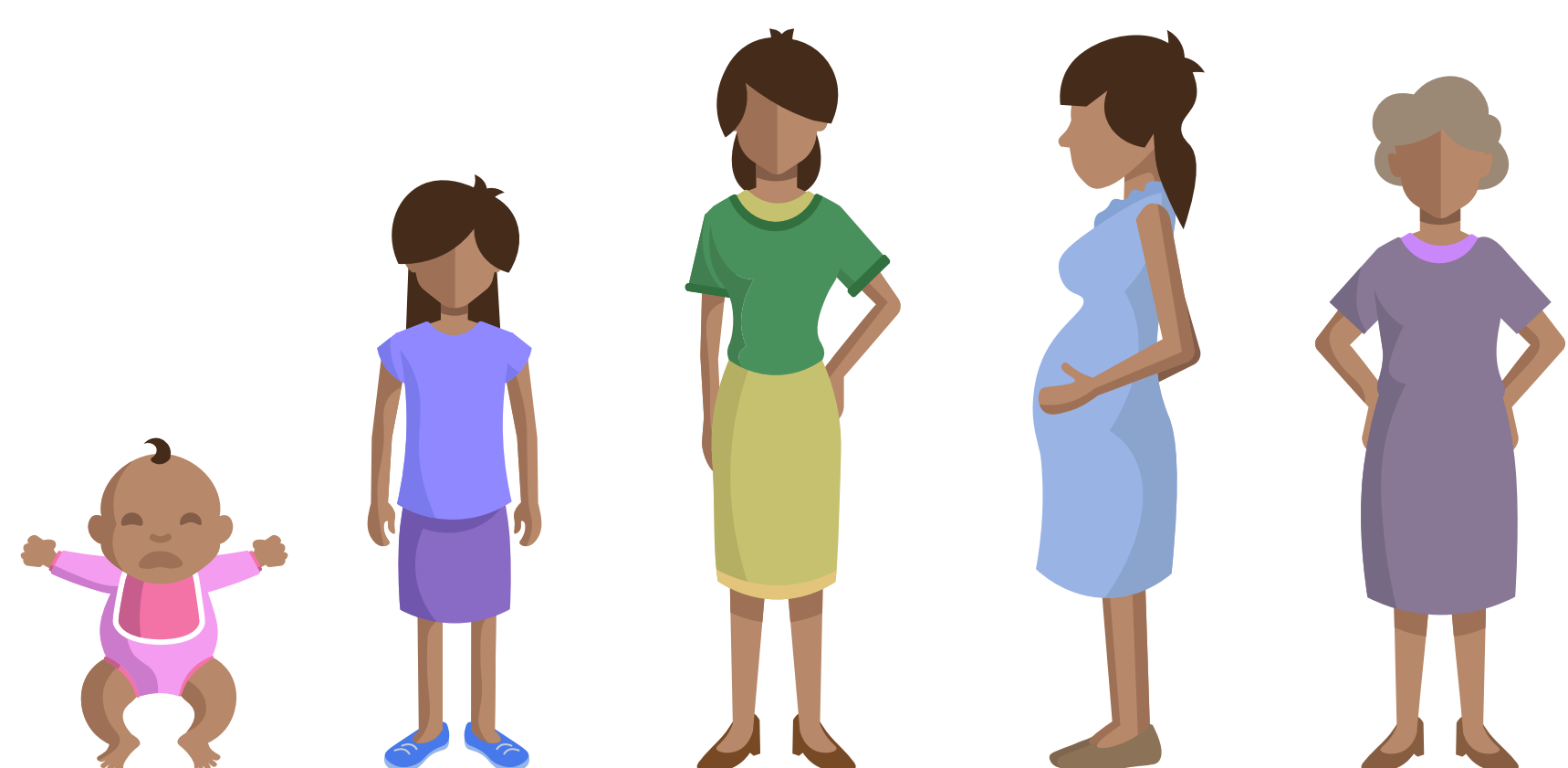
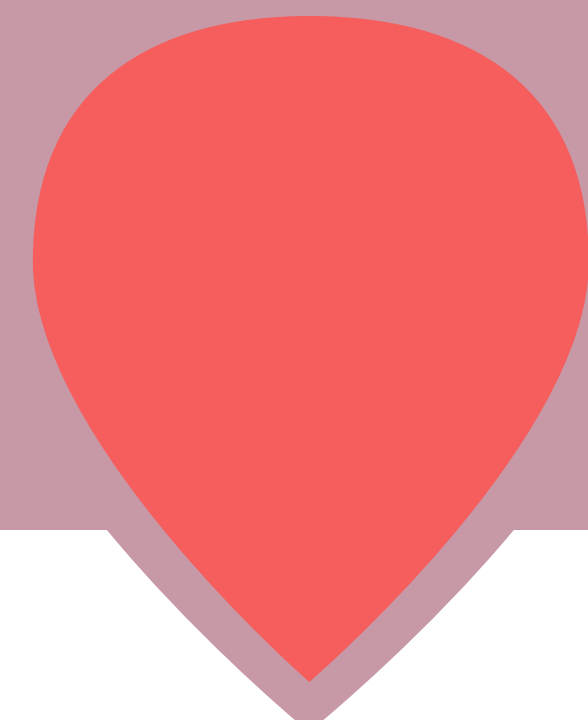


FROM INFANCY TO ADULTHOOD: Diabetes in Girls & Women



Diabetes can impact women throughout their lives – from infancy and childhood, during pregnancy, and into adulthood.



THE FACTS

- Globally, **199 million** women live with diabetes
- Number is expected to **rise to 313 million women by 2040**
- **More than one million** children & adolescents (under the age of 20) are living with T1 diabetes
- Diabetes is a **leading cause of death & disability in women**

IMPACT OF DIABETES from INFANCY TO ADULTHOOD



- Without pre-conception planning, T1 and T2 diabetes can lead to **significantly higher risk of maternal and child mortality**



- Girls living with T1 diabetes are **more likely to face discrimination and stigmatization**
- As **childhood obesity** increases, girls and young women are now **at risk of developing T2 diabetes earlier**
- Many girls living with T1 diabetes **need better access to insulin and glucose monitoring**



- Women living with T1 diabetes may have **more difficulty conceiving and increased risk of miscarriage**



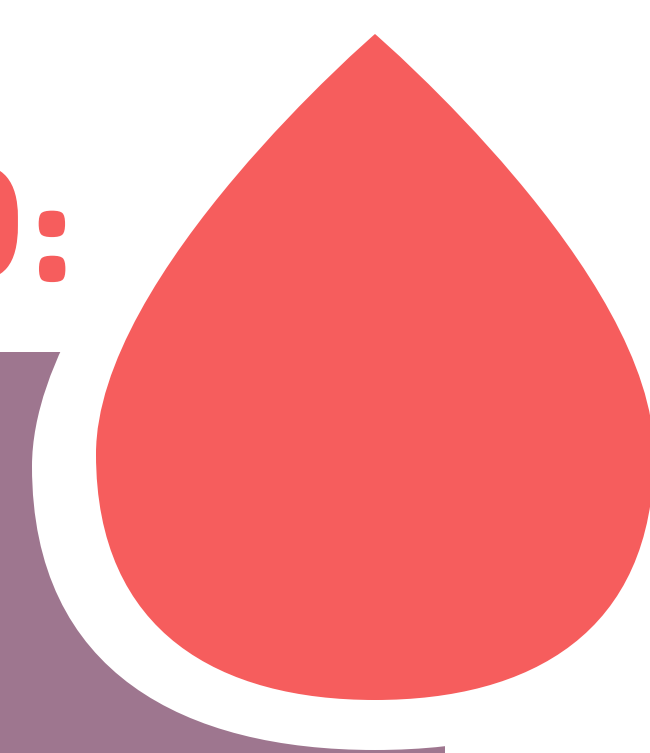
- **1 in 6 births** affected by **hyperglycemia** in pregnancy; **85%** of which is **gestational diabetes (GDM)**
- **Half of all women** with GDM will develop T2 diabetes after delivery **within 5-10 years**



- **Complications** from T1 and T2 diabetes include stroke, blindness, heart attacks, and amputations

TO DECREASE THE LIFELONG IMPACT OF DIABETES, WOMEN & GIRLS NEED ACCESS TO:

- comprehensive preventive and treatment services
- healthy food choices for themselves & family
- essential medicines & technologies
- safe, smoke-free environments for physical activity
- preconception planning services
- peer-support & education

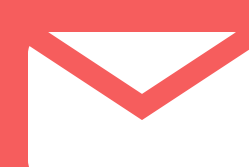


SOURCES

International Diabetes Federation Diabetes Atlas 2017
JDRF - What is T1 Diabetes?
HealthyChildren.org - Diabetes
World Health Organization - Diabetes Fact Sheet



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